




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1 0930 Hairdressing Service 1000 Room Visits 1030 Coffee & News 1030 READ ALOUD 1100 Hoy 130 ART THERAPY w Carmela 300 Meditation 330 ArmChair Travel – Earth	2 Bunnings Craft Group 1000 Room Visits 1030 Coffee & News 1030 Bunnings Craft Group 1100 Active Exercise 130 Bus Trip – Aireys Inlet Light House 130 Dice Games 230 SMALL Reading Group 300 Carpet Bowls	3 1000 Room Visits 1015 POETRY RECITALS 1030 Coffee & News 1100 Drumming 130 Bingo 300 Happy Hour 400 MUSIC in Theatre	4 Coffee & Newspapers available in the Lounge 100 – 215 Hoy 215 Gillians Yes / No JACKPOT 230 Manicures Afternoon Movie in Theatre	5 1130 Songs of Praise (Theatre Channel 2) 100 – 200 Bingo 215 Manicures Afternoon Movie in Theatre
6 Maxine & Mario Entertainment 1000 Room Visits 1030 Coffee & News 1100 Exercise Group 1130 Tai Chi / Meditation 130 Maxine & Mario Entertainment 300 Walking Group 300 Pantomime Practice	7 1000 Room Visit 1015 Lucy on Piano 1030 Coffee & News 1100 Active Fitness 1130 Physio Wellness Program 130 CHOIR 130 Walking Group 230 Afternoon Tea together 300 CHEER	8 Oak Bus Trip 0930 Hairdressing Service 1000 Room Visits 1030 Coffee & News 1030 OAK Bus Trip 1100 Hoy 200 Church Service in Chapel 300 Meditation 330 Arm Chair Travel – Earth	9 Mother's Day Photoshoot 1000 Room Visits 1030 Coffee & News 1100 Active Exercise 200 MOTHERS DAY CELEBRATIONS Mothers Day Photo Shoot with a Professional Photographer - FREE	10 1000 Room Visits 1030 Coffee & News 1100 Exercise Group 100 Bus Trip – Geelong Yacht Club 130 Bingo 300 Happy Hour 400 MUSIC in theatre	11 Coffee & Newspapers available in the Lounge 100 Bingo 215 Manicures Afternoon Movie in Theatre	12 Mother's Day 1130 Songs of Praise (Theatre Channel 2) 100 Hoy 215 Manicures Afternoon Movie in Theatre
13 1000 Room Visit 1000 Coffee Shop Welcome on the 13th 1030 Coffee & News 1100 Exercise Group 1130 Tai Chi / Meditation 130 Craft Group 130 Walking Group 300 Drumming	14 1000 Room Visits 1015 Lucy On Piano 1030 Coffee & News 1100 Active Fitness 1130 Physio Wellness Program 1130 Word Game 130 Choir 300 Mens Pool Comp 300 Food & Activity Focus Group	15 Belmont Singers 0930 Hairdressing Service 1000 Room Visits 1000 MORNING TEA on the BBQ 1030 Coffee & News 1030 On This Day 1100 Hoy 130 The Belmont Singers 300 Meditation 330 Arm Chair Travel – Earth	16 1000 Room Visits 1030 Coffee & News 1100 Fun & Fitness 1140 Walking Group 130 Bus Trip 130 Colouring Group 230 Andre Rieu in Theatre 230 SMALL Reading Group 300 Carpet Bowls 300 Pantomime Practice	17 1000 Room Visits 1015 Poetry Reading 1030 Coffee & News 1100 Drumming 100 Buckley Alpaca Farm 130 Bingo 300 Happy Hour 400 MUSIC in theatre	18 Coffee & Newspapers available in the Lounge 100 Sing Along 215 Gillians Yes / No JACKPOT Afternoon Movie in Theatre	19 1130 Songs of Praise (Theatre Channel 2) 100 - 215 Bingo 230 Manicures Afternoon Movie in Theatre
20 1000 Room Visits 1030 Coffee & News 1100 Fun & Fitness 1130 Tai Chi / Meditation 130 Painting Group 130 Walking Group 300 Drumming	21 1000 Room Visit 1015 Lucy On Piano 1030 Coffee & News 1100 Active Fitness 1130 Physio Wellness Program 1130 Word Game 130 Sing Along with Lucy 300 MARBLES Comp 300 Pantomime Practice	22 ART THERAPY w Carmela 0930 Hairdressing Service 1000 Room Visits 1030 FUNNY FACTS 1100 VIRTUAL TRIVIA 1200 BUS TRIP – Lunch Trip Paddock Bakery 130 ART THERAPY w Carmela 300 Meditation 330 Arm Chair Travel – Earth Relaxation	23 1030 Coffee & News 1100 Fun & Fitness 130 Andre Rieu in Theatre 130 Walking Group - outdoors 300 Board Games	24 1000 Room Visits 1030 Coffee & News 1100 Drumming 130 Bingo 200 Legacy Afternoon Tea 300 Happy Hour 400 MUSIC in theatre	25 Coffee & Newspapers available in the Lounge 100 Bingo 215 Manicures Afternoon Movie in Theatre	26 1015 Church Service 1130 Songs of Praise (Theatre Channel 2) 100 – 215 Hoy Afternoon Movie in Theatre
27 Game Show Family Feud 1000 Room Visits 1030 Coffee & News 1100 Fun & Fitness 1130 Tai Chi / Meditation 130 GAME SHOW – Family Feud 300 Pantomime Practice	28 1000 Room Visit 1015 Lucy On Piano 1030 Coffee & News 1100 Active Fitness 1130 Physio Wellness Program 1130 Word Game 130 Choir 130 Walking Group 230 BIRTHDAY CELEBRATIONS 300 CHEER	29 0930 Hairdressing Service 1000 Room Visits 1100 Hoy 1200 Toast Your Own Sandwiches 130 The Leather Man 300 Meditation	30 0930 Bus Trip – Morning Tea 1030 Coffee & News 1100 Fun & Fitness 1140 Walking Group 130 Bus Trip – Painting Group 130 Aboriginal Art Work 300 Ronnies Sausage Sizzle	31 World Laughter Day Get up and make us laugh! 1000 Room Visits 1030 Coffee & News 1100 Drumming 100 Bingo 230 Stand Up Comedy 300 Happy Hour 400 MUSIC in theatre		



Ocean Mist are always looking for Volunteers to share their skills with the residents. If you can or know of anyone that may be interested in things such as:

- 1:1 chat
- Pastoral Care
- Gardening
- Reading
- Pet Therapy
- Painting
- Music
- Cooking etc.

COMING UP



- Buckley Alpaca Farm Visit
- National Reconciliation Week
- Mothers Day Celebrations
- Stand Up Comedy

We would like to welcome our newest Volunteers!

A LOOK BACK



Thank you to all Residents, Family and Staff Members that helped us raise \$150 in the Easter Raffle. Congratulations to John Moore and Shane for winning the prizes.

Thank you to all who attended our Easter Celebrations – everybody enjoyed Twisted Mick and his amazing Balloon Crafts for all, the Easter Egg Hunt in the Garden, where the kids had great fun filling their buckets (or T Shirts and pockets) with Easter Eggs which they kindly shared with Ocean Mist Consumers afterwards, our kids dancing competition where all the kids were winners! The most amazing part of these shared celebrations is seeing the great fun that kids (of ALL ages) have together.



Some of the monthly painting group members attended a trip down to the Torquay Front Beach where they enjoyed sketching and painting the Ocean. We had many people come over to view their works and asked us where we were from and commented how lovely it was to see them enjoying themselves on the seaside.



Ocean Mist was lucky enough to have a visit from Linda Smiley, Linda runs the Portarlington Denture Clinic. Residents listened as Linda shared the tips and tricks on how to ensure a healthy mouth and the importance of cleaning your teeth and dentures to ensure a healthy body. They also loved the freebies!



We enjoyed an afternoon at The Barrabool Maze and café, where the owners shared their car collection with us.

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